

## 10 THINGS TO KNOW ABOUT YOUR INSURANCE

1. After your new baby arrives you must notify your employer and insurance company to add her/him to the policy. The insurance company DOES NOT automatically know this just because they received a claim for the birth. The baby is PRESUMED covered under the mother's policy for 30 days, but this is pending the baby being added to the plan.
2. Some Point of Service (POS) and all Health Maintenance Organization (HMO) plans require you to choose a Primary Care Physician (PCP). One of our doctors must be listed on the card in order for your insurance company to pay the claim!
3. Please bring your child's insurance card to EVERY visit! Often your child's card will have a different number or suffix and it doesn't always go sequentially (for example: the subscriber may be 01, spouse 03, and child 07). Even if you keep the same insurance company from one year to the next it is likely that some information has changed like the claims address or network, your benefits, amount of copay, deductible, coinsurance, and out of pocket expenses.
4. We DO NOT know the specifics of what your insurance policy covers and you should understand the details of the plan you have selected. There could be numerous benefits and cost variations your employer has chosen. There are literally dozens of different plans from BCBS, United Health Care, Aetna, Cigna, and other smaller insurance networks.
5. Most insurance policies now have a deductible and/or coinsurance, which may be in addition to your copay.
6. In general, most policies now cover preventative health visits (check-ups) without a copay, coinsurance, or deductible. However, this does not mean that all services done at the health check are covered. Many insurance companies do not fully cover charges for additional services like hearing/vision screenings, and hemoglobin/cholesterol testing.
7. If you want the physician to address any other significant concerns during the health check (like an ear infection, asthma, or ADHD), this will likely NOT be included as part of the health check. This means your insurance company will require you to cover the cost via copay, coinsurance, or deductible.
8. Our doctors recommend treatments or services that they feel are best for your child: a service (like lactation consultant, a lab test, or vision screening), a treatment (ear wax removal), a prescription or referral to a specialist. This unfortunately doesn't mean that your policy will cover these services. In order to avoid significant out of pocket costs, you should check to see if that service or physician is covered "in network" BEFORE you have the service. Most insurance companies will not go back and reconsider a charge if there was another option.
9. Your insurance policy is a contract between you and the insurance company. As a courtesy, we will file the claim on time initially with the insurance information you provide at the visit. If the service is not covered, or you did not provide the current insurance information, WE ARE NOT responsible for refiling the claim and you may be responsible for the entire cost of the visit.
10. We want to provide the best care we can in the most costefficient manner to help you get the most from your insurance benefits. Please work with us by providing timely and accurate information. If you know there is going to be an issue please let us know up front so we can work with you.

**\*\*\*NOTE TO ALL MEDICAID PATIENTS WE ONLY EXCEPT SIMPLY OR SHUNSHINE**

# Edinburgh Postnatal Depression Scale<sup>1</sup> (EPDS)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Your Date of Birth: \_\_\_\_\_

\_\_\_\_\_

Baby's Date of Birth: \_\_\_\_\_

Phone: \_\_\_\_\_

---

As you are pregnant or have recently had a baby, we would like to know how you are feeling. Please check the answer that comes closest to how you have felt **IN THE PAST 7 DAYS**, not just how you feel today.

Here is an example, already completed.

I have felt happy:

- Yes, all the time
- Yes, most of the time      This would mean: "I have felt happy most of the time" during the past week.
- No, not very often      Please complete the other questions in the same way.
- No, not at all

In the past 7 days:

- |  |  |
|--|--|
| <p>1. I have been able to laugh and see the funny side of things</p> <ul style="list-style-type: none"><li><input type="checkbox"/> As much as I always could</li><li><input type="checkbox"/> Not quite so much now</li><li><input type="checkbox"/> Definitely not so much now</li><li><input type="checkbox"/> Not at all</li></ul> <p>2. I have looked forward with enjoyment to things</p> <ul style="list-style-type: none"><li><input type="checkbox"/> As much as I ever did</li><li><input type="checkbox"/> Rather less than I used to</li><li><input type="checkbox"/> Definitely less than I used to</li><li><input type="checkbox"/> Hardly at all</li></ul> <p>*3. I have blamed myself unnecessarily when things went wrong</p> <ul style="list-style-type: none"><li><input type="checkbox"/> Yes, most of the time</li><li><input type="checkbox"/> Yes, some of the time</li><li><input type="checkbox"/> Not very often</li><li><input type="checkbox"/> No, never</li></ul> <p>4. I have been anxious or worried for no good reason</p> <ul style="list-style-type: none"><li><input type="checkbox"/> No, not at all</li><li><input type="checkbox"/> Hardly ever</li><li><input type="checkbox"/> Yes, sometimes</li><li><input type="checkbox"/> Yes, very often</li></ul> <p>*5. I have felt scared or panicky for no very good reason</p> <ul style="list-style-type: none"><li><input type="checkbox"/> Yes, quite a lot</li><li><input type="checkbox"/> Yes, sometimes</li><li><input type="checkbox"/> No, not much</li><li><input type="checkbox"/> No, not at all</li></ul> | <p>*6. Things have been getting on top of me</p> <ul style="list-style-type: none"><li><input type="checkbox"/> Yes, most of the time I haven't been able to cope at all</li><li><input type="checkbox"/> Yes, sometimes I haven't been coping as well as usual</li><li><input type="checkbox"/> No, most of the time I have coped quite well</li><li><input type="checkbox"/> No, I have been coping as well as ever</li></ul> <p>*7. I have been so unhappy that I have had difficulty sleeping</p> <ul style="list-style-type: none"><li><input type="checkbox"/> Yes, most of the time</li><li><input type="checkbox"/> Yes, sometimes</li><li><input type="checkbox"/> Not very often</li><li><input type="checkbox"/> No, not at all</li></ul> <p>*8. I have felt sad or miserable</p> <ul style="list-style-type: none"><li><input type="checkbox"/> Yes, most of the time</li><li><input type="checkbox"/> Yes, quite often</li><li><input type="checkbox"/> Not very often</li><li><input type="checkbox"/> No, not at all</li></ul> <p>*9. I have been so unhappy that I have been crying</p> <ul style="list-style-type: none"><li><input type="checkbox"/> Yes, most of the time</li><li><input type="checkbox"/> Yes, quite often</li><li><input type="checkbox"/> Only occasionally</li><li><input type="checkbox"/> No, never</li></ul> <p>*10. The thought of harming myself has occurred to me</p> <ul style="list-style-type: none"><li><input type="checkbox"/> Yes, quite often</li><li><input type="checkbox"/> Sometimes</li><li><input type="checkbox"/> Hardly ever</li><li><input type="checkbox"/> Never</li></ul> |
|--|--|

Administered/Reviewed by \_\_\_\_\_ Date \_\_\_\_\_

<sup>1</sup>Source: Cox, J.L., Holden, J.M., and Sagovsky, R. 1987. Detection of postnatal depression: Development of the 10-item Edinburgh Postnatal Depression Scale. *British Journal of Psychiatry* 150:782-786 .

<sup>2</sup>Source: K. L. Wisner, B. L. Parry, C. M. Piontek, Postpartum Depression N Engl J Med vol. 347, No 3, July 18, 2002, 194-199

Users may reproduce the scale without further permission providing they respect copyright by quoting the names of the authors, the title and the source of the paper in all reproduced copies.



# VIERA PEDIATRICS

Dr. Preeti Bimbrahw,  
 8095 Spyglass Hill Road – Suite 104 • Melbourne, FL 32940  
 Ph (321) 241-6400 • Fax (321) 428-3945

PATIENT INFORMATION		
Patient's Full Name (Last, First):		Nickname/Preferred Name:
Date of Birth:	Sex: <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Other: _____ <input type="checkbox"/> Declined to specify	Social Security #:
Race: <input type="checkbox"/> White <input type="checkbox"/> Black/African American <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Asian <input type="checkbox"/> Native Hawaiian/Pacific Islander <input type="checkbox"/> Other: _____ <input type="checkbox"/> Declined to specify		
Ethnicity: <input type="checkbox"/> Hispanic/Latino <input type="checkbox"/> Not Hispanic/Latino <input type="checkbox"/> Declined to specify		
Preferred Language: <input type="checkbox"/> English <input type="checkbox"/> Spanish <input type="checkbox"/> Other: _____		
Street Address:		
City:	State:	Zip Code:
Home Phone #:	Cell Phone #:	Work Phone #:
Siblings (Names and Birthdates): #1: _____ #2: _____ #3: _____		

PHARMACY		
Pharmacy Name:	Address:	Phone #:

MOTHER/LEGAL GUARDIAN	FATHER/LEGAL GUARDIAN
Name:	Name:
Relationship: <input type="checkbox"/> Biological <input type="checkbox"/> Adoptive <input type="checkbox"/> Guardian <input type="checkbox"/> Foster <input type="checkbox"/> Step-Mom	Relationship: <input type="checkbox"/> Biological <input type="checkbox"/> Adoptive <input type="checkbox"/> Guardian <input type="checkbox"/> Foster <input type="checkbox"/> Step-Dad
Date of Birth:	Date of Birth:
Social Security #:	Social Security #:
E-mail Address:	E-mail Address:
Mailing Address: <input type="checkbox"/> Same as Patient	Mailing Address: <input type="checkbox"/> Same as Patient
Home Phone #:	Home Phone #:
Cell Phone #:	Cell Phone #:
Work Phone #:	Work Phone #:
Employer:	Employer:
Occupation:	Occupation:



# VIERA PEDIATRICS

Dr. Preeti Bimbrahw,

8095 Spyglass Hill Road – Suite 104 • Melbourne, FL 32940

Ph (321) 241-6400 • Fax (321) 428-3945

---

## EMERGENCY CONTACT

Name:	Relationship:
Address:	Phone #:

## PRIMARY INSURANCE INFORMATION

Insurance Company:	Policy #:	
Policy Holder's Name:	DOB:	S.S. #:

## SECONDARY INSURANCE INFORMATION

Insurance Company:	Policy #:	
Policy Holder's Name:	DOB:	S.S. #:



# VIERA PEDIATRICS

Dr. Preeti Bimbrahw,  
8095 Spyglass Hill Road – Suite 104 • Melbourne, FL 32940  
Ph (321) 241-6400 • Fax (321) 428-3945

## FINANCIAL POLICY

- It is the parent/guardian’s responsibility to **bring and keep updated the following at every visit:**

\_\_\_\_\_  
Initial

- Current health insurance card
- Photo ID
- Updated demographics
- Payment in the form of cash or credit card

### INSURANCE:

- Health insurance is a contract between patient/parent, employer, and insurance company. It is the patient’s responsibility to be familiar with the insurance policy, including, but not limited to: vaccine and visit coverage, referral/authorization requirements for specialty care, radiology, lab tests, and emergency and/or hospital care.

\_\_\_\_\_  
Initial

- Full payment, including co-payments, coinsurance, and deductibles are required at the time of service.

\_\_\_\_\_  
Initial

- It is the responsibility of parent/guardian to contact their human resources department or insurance plan to add their newborn to their insurance plan. This is not done automatically. *Newborns not added to insurance policies within 30 days may be subject to self-payment.*

\_\_\_\_\_  
Initial

- Failure to disclose all insurance plans child is covered under may result in insurance plan rejecting claims and payment for services rendered will be charged to parent/guardian.

\_\_\_\_\_  
Initial

### PAYMENTS:

\_\_\_\_\_  
Initial

Co-pays and coinsurance payments are due at the time of service. In the case of domestic separation or divorce, the parent accompanying child is responsible for payment of copays, or other fees related to services rendered.

### RETURNED CHECKS:

\_\_\_\_\_  
Initial

There will be a fee of \$25 for any returned checks or payments.

### NO SHOW POLICY:

\_\_\_\_\_  
Initial

Missed, no showed, or cancelled appointments with less than 24-hour notice may be subjected to a \$25 fee. Multiple missed appointments or late cancellations may result in discharge from the practice.

### PAST DUE ACCOUNTS:

\_\_\_\_\_  
Initial

We will attempt to work out a payment schedule with you, however seriously delinquent accounts will be referred to a collection agency. Any legal fees that we pay to secure past due balances will be added to your account.

I understand that I am financially responsible for all charges for services to me, including co-payments, coinsurance, out of pocket, deductibles and non-covered services. I authorize the payments from my insurance company(s) according to my medical benefits be made payable to Viera Pediatrics/Medical Associates of Brevard for professional services rendered. I understand that I will receive statements, reflecting my account balance and that the FINAL PAYMENT of this account is my responsibility. Furthermore, should I default on payment for services rendered I agree to pay all collection costs including reasonable attorney’s fee. I authorize the disclosure of my medical information to all of Viera Pediatrics/Medical Associates of Brevard as well as to my insurance company(s).

LIFETIME SIGNATURE AUTHORIZATION: This signature and assignment is to be a continuing one, remaining in effect until revoked in writing by the undersigned. It signifies that all information given is current.

Patient Name: \_\_\_\_\_

D.O.B: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_



# VIERA PEDIATRICS

Dr. Preeti Bimbrahw,  
8095 Spyglass Hill Road – Suite 104 • Melbourne, FL 32940  
Ph (321) 241-6400 • Fax (321) 428-3945

## AUTHORIZATION TO TREAT/HIPAA RELEASE OF INFORMATION

I, \_\_\_\_\_ phone # \_\_\_\_\_ parent/legal guardian of:

\_\_\_\_\_ authorize Viera Pediatrics to provide medical treatment to said child. I authorize the following adult(s), acting as my agent to accompany and consent for treatment, testing, and immunizations for my child.

I authorize Viera Pediatrics/Medical Associates of Brevard to release medical information regarding my child to the following person(s):

**\*I understand that this person may be required present proper ID when bringing my child for Treatment.**

\_\_\_\_\_  
Name Relationship Phone #

\_\_\_\_\_  
Name Relationship Phone #

\_\_\_\_\_  
Name Relationship Phone #

\_\_\_\_\_  
Name Relationship Phone #

I authorize Viera Pediatrics to leave a detailed message on voicemail.

\_\_\_\_\_  
Parent/Guardian signature DATE \_\_\_/\_\_\_/\_\_\_

### NOTICE OF PRIVACY PRACTICES:

I acknowledge that I have been received a copy of the Provider Notice of Privacy Practices for Viera Pediatrics/ Medical Associates of Brevard. The Provider Notice of Privacy Practices describes the types of uses and disclosures of my protected health information that might occur in my treatment, payment for services, or in the performance of office health care operations. The Provider Notice of Privacy Practices also describes my right and the duties of Viera Pediatrics/Medical Associates of Brevard with respect to my protected health information.

Patient Name \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

Witness Signature \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_



# VIERA PEDIATRICS

Dr. Preeti Bimbrahw,  
 8095 Spyglass Hill Road – Suite 104 • Melbourne, FL 32940  
 Ph (321) 241-6400 • Fax (321) 428-3945

## MEDICAL HISTORY

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Person Completing Form: \_\_\_\_\_ Relationship: \_\_\_\_\_

### CURRENT MEDICATIONS:

Medication Name	Dose	How many times a day?

### CHILD'S MEDICAL HISTORY: *(please mark all that apply)*

- |   |   |   |  |
|---|---|---|--|
| <input type="checkbox"/> ADD/ADHD                   | <input type="checkbox"/> Congenital Heart Disease | <input type="checkbox"/> Seizures                 | <input type="checkbox"/> Dental Decay          |
| <input type="checkbox"/> Allergies                  | <input type="checkbox"/> High Blood pressure      | <input type="checkbox"/> Disability               | <input type="checkbox"/> Eczema                |
| <input type="checkbox"/> Anemia                     | <input type="checkbox"/> Kidney Disease           | <input type="checkbox"/> Headaches                | <input type="checkbox"/> Vesicoureteral reflux |
| <input type="checkbox"/> Asthma                     | <input type="checkbox"/> Liver Disease            | <input type="checkbox"/> Hearing Problems         | <input type="checkbox"/> Other:                |
| <input type="checkbox"/> Bleeding/clotting disorder | <input type="checkbox"/> Hepatitis                | <input type="checkbox"/> Vision Problems          |  |
| <input type="checkbox"/> Heart Murmur               | <input type="checkbox"/> Chicken Pox              | <input type="checkbox"/> Recurrent ear infections |  |

### HOSPITALIZATIONS AND SURGICAL HISTORY:

Hospitalization/Surgery/Procedure:	Year:

### FAMILY HISTORY:

Please indicate if there is a family history of any of the following:

Medical Condition	Family Member	Medical Condition	Family Member
ADD/ADHD		Hearing Disability	
Alcohol/Drug Abuse		High Cholesterol	
Allergies		High Blood Pressure	
Asthma		HIV/AIDS	
Birth Defects		Learning Disability	
Blood Disorder		Mental Illness	
Cancer	<i>(please include what type)</i>	Migraines	
Heart Disease		Scoliosis	
Seizure Disorders		Speech Problems	
Developmental Delay		TB/Lung Disease	
Diabetes		Stroke	
Genetic Disorder		Thyroid Disease	
Hepatitis/Liver Disease		Other:	



# VIERA PEDIATRICS

Dr. Preeti Bimbrahw,

8095 Spyglass Hill Road – Suite 104 • Melbourne, FL 32940

Ph (321) 241-6400 • Fax (321) 428-3945

## VACCINE POLICY

At Viera Pediatrics, we are committed to promoting the health and well-being of children in our care. In accordance with guidelines from the American Academy of Pediatrics (AAP), we have developed the following vaccination policy:

1. **Vaccination Requirement:** All children are required to be up-to-date on their recommended vaccinations as per AAP guidelines. In respect to a guardian's educated decision, in the situation a non-mandated vaccination is refused by the guardian, our providers will provide education on the vaccination.
2. **Vaccine Schedule:** We follow the AAP-recommended immunization schedule for infants, children, and adolescents, including catch-up schedules for those who may have missed vaccinations or are behind schedule. Please be advised that delaying or breaking up the vaccines to give one to two at a time goes against the expert recommendations. The diversion from the recommended vaccination schedule can put your child at risk for serious illness and potential death. Any deviation from the recommended vaccination schedule goes against the medical advice from Viera Pediatrics. We encourage open dialogue and address any concerns or questions parents may have about vaccines during the appointment.
3. **Parental Education:** We provide parents with information (including Vaccine Information Sheets-V.I.S.) and resources regarding the importance, safety, and efficacy of childhood vaccines.

## VACCINE POLICY ACKNOWLEDGEMENT

By signing below, I acknowledge that I have read Viera Pediatrics Vaccine Policy and I agree to vaccinate my child with immunizations as recommended by the AAP (this includes vaccines required for entry into school). I understand that all vaccines will be discussed prior to administration and that a separate consent form will be signed before any vaccine is given to my child.

**Patient Name:** \_\_\_\_\_ **D.O.B.:** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## NO SHOW/MISSED APPOINTMENT POLICY

We at Viera Pediatrics understand that sometimes you need to cancel or reschedule your appointment. If you are unable to keep your appointment, please call us as soon as possible (at least 24 hours in advance). To ensure that each patient is given the proper amount of time allotted for their visit and to provide the highest quality care, it is very important for each scheduled patient to attend their visit on time. As a courtesy, an appointment reminder call and text message are made/sent one business day prior to your scheduled appointment. It is the responsibility of the patient to arrive for their appointment on time.

### **PLEASE REVIEW THE FOLLOWING:**

1. Please cancel your appointment with at least 24 hours' notice. There is a waiting list to see the providers at Viera Pediatrics and whenever possible, we like to fill cancelled spaces to shorten the waiting period for our patients.
2. If less than 24-hour cancellation is given the appointment will be documented as a "No Show" appointment.
3. If you do not present to the office for your appointment, it will be documented as a "No Show" appointment.
4. After the first "No Show" appointment, you will receive a phone call or letter warning that you have broken our "No Show" policy. Viera Pediatrics will assist you to reschedule this appointment if needed.
5. If you have two "No Show" appointments within a one-year time period, you will receive a warning letter from our office and will be assessed a \$25 no show fee.
6. If you have three "No Show" appointments within a one-year time period, you will receive a second \$25 no show fee assessment. Dismissal from the practice will be considered. *I have read and understand the Viera Pediatrics No Show/Missed Appointment Policy and understand my responsibility to plan appointments accordingly*

**Patient Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**Witness:** \_\_\_\_\_ **DATE:** \_\_\_\_\_





# VIERA PEDIATRICS

Dr. Preeti Bimbrahw,  
8095 Spyglass Hill Road – Suite 104 • Melbourne, FL 32940  
Ph (321) 241-6400 • Fax (321) 428-3945

## MEDICAL RECORDS RELEASE AUTHORIZATION

### \*NO DISK RECORDS PLEASE\*

I, \_\_\_\_\_ (PRINT PARENT/GUARDIAN NAME), authorize the release of  
medical records of  
\_\_\_\_\_ (PRINT NAME OF PATIENT), \_\_\_\_\_ (PATIENT'S DOB)

Obtaining Records From: **OR**  Releasing Records To:

Recipient Name	Street Address	City, State, ZIP code
Phone Number		Fax Number

#### INFORMATION TO RELEASE (CHECK ALL THAT APPLY):

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Last 2 years of Medical Records | <input type="checkbox"/> Immunization               | <input type="checkbox"/> Laboratory Reports |
| <input type="checkbox"/> Imaging                         | <input type="checkbox"/> Consultation Documentation | <input type="checkbox"/> Hospital Records   |
| <input type="checkbox"/> Prescription Data               | <input type="checkbox"/> Other (Specify):<br>_____  |   |

#### If my record contains the following, it will be released if box is checked:

- Substance Abuse     Mental Health     HIV/STD Testing/Treatment     Pregnancy Testing

#### PURPOSE OF DISCLOSURE:

- Transfer of Care     Continuing Care     Personal Copy     Other \_\_\_\_\_

This authorization is valid for 1 (one) year from date of signature unless otherwise specified. I understand I may revoke this authorization at any time. I understand that if I revoke this authorization, I must do so in writing. I understand that the revocation will not apply to information that has already been released. I have read the above foregoing authorization for release of information and do hereby acknowledge that I am familiar with and fully understand the terms and conditions of this authorization.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

PRINT NAME: \_\_\_\_\_ RELATIONSHIP TO PATIENT: \_\_\_\_\_

**NOTICE: There may be costs associated with this request in compliance with State and Federal laws.**